



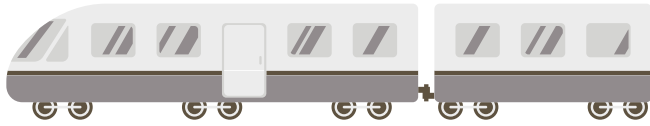
## The benefits of

# ALTERNATIVE TRANSPORTATION

Commuting to work is costly. Aside from the cost of gas, you must also figure in the added cost for maintenance, insurance, registration, depreciation and finance charges. Consider some of these options to save money, ease your commute, reduce traffic, and help the environment!

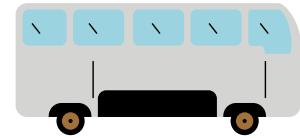
**FIND RIDESHARING IN YOUR AREA!**

Vanpooling / Carpooling



## Ridesharing

Sharing the ride with just one other person can cut your commuting costs in half. Consider catching a ride with coworkers in your area to limit the amount of traffic on the roads.



## Public Transportation

Access to and utilizing public transportation means less cars on the road. This limits traffic and hazardous idling, as well as saves you money. According to the American Public Transit Association, a household can save nearly \$10,000 by taking public transportation and living with one less car.

**Local  
Public Transportation**

NJ Transit - Buses and Trains

Somerset Cty. Shuttle -  
stops throughout  
Hillsborough

### **NEED AN EMERGENCY RIDE?**

Often times, people who utilize ridesharing or public transportation worry that they will be unable to find a way home in an emergency situation.

RideWise offers a reimbursement program for registered travelers who require an emergency ride.

[Learn more about their "Ticket Home" program here](#)



## Walking or Biking

Walking or using a bicycle is beneficial for your health AND the environment! Just 30 minutes a day of walking – to work, to do errands or to visit friends and neighbors – can make a huge difference in your overall health. A sedentary lifestyle, which can be caused by long commutes, can lead to health problems such as heart disease, diabetes, and other chronic conditions.

Interested to see what your commute is costing you?

Try out this [commuting calculator!](#)

Information brought to you by Sustainable Hillsborough and RideWise

