



SPECIAL BULLETIN

HILLSBOROUGH e-News



Angst presented by the Somerset County Municipal Alliance Network

Join us Tuesday, May 31 @ 7 pm for a virtual screening and panel discussion for the documentary, Angst!

On top of academic and social stress, the uncertainty and fears of this past pandemic year and recent gun violence have brought all of us a lot more anxiety than before. Angst helps break this down, explaining what's going on, and what we can do about it to help both ourselves and others. It features World Champion Swimmer Michael Phelps, experts in the field, and regular teenagers

[Register to join us](#)

Presented by Members of the Somerset County Municipal Alliance Network Funding received from the Governor's Council on Alcoholism and Drug Abuse, Somerset & Morris County Commissioners.

Looking forward to seeing you there!

"I never knew that what I was experiencing was severe anxiety. I'm so grateful to know that there is treatment." ~18 year old college student - Seattle, WA

Learn more at www.indieflix.com/angst

MENTAL HEALTH IN HIGH SCHOOL

Managing Stress & Anxiety Through the Pandemic



PRESENTED IN
COLLABORATION WITH THE
SOMERSET HEALTH CARE
FOUNDATION YOUTH BOARD

Robert Wood Johnson | RWJBarnabas
University Hospital HEALTH
Somerset

FREE WEBINAR

**TUESDAY, MAY 31, 2022
6-7 PM**

Victoria Buhl, MPH, CHES and Autumn Kilduff, Crisis Counselors with RWJBarnabas Health's Institute for Prevention and Recovery, will discuss the impact of COVID-19 on mental health, offer coping strategies and provide information on resources available.

Members of the Somerset Health Care Foundation Youth Board, including high school and college students, will share their experiences and perspectives on how to stay mentally healthy and cope through the ongoing COVID-19 pandemic.

[CLICK HERE TO REGISTER](#)

[Register](#)



Public Health

Healthy Hillsborough

Updates from the Health Department

Covid Booster Clinic Thursday, June 2nd

4:00 PM – 7:00 PM

Hillsborough Municipal Building, 379 S Branch Road

Hillsborough Township Health Department & Green Brook Family Medicine will be providing:

- Pediatric Pfizer vaccines and boosters for ages 5-11
Booster is given 5 months after dose #2
- Pfizer vaccines and boosters for ages 12 and up
- Moderna vaccines and boosters for ages 18 and up

The vaccine is free of charge.



[Pre-Register Online](#)

- Please bring your insurance card to the clinic if you have insurance.
- Bring your COVID vaccine card if you are receiving a booster.
- A parent/guardian is required to be present with children under the age of 18.
- Dr. Cook will be available at the clinic to address any COVID vaccine-related questions.

For more information about COVID Vaccinations visit the [CDC website](#) or the [NJ Dept of Health Website](#).

For additional information about our Clinic, please call Hillsborough Township Health Department at 908-369-5652

An additional clinic will be held on Thursday, June 16 from 4:00 PM – 7:00 PM

This Newsletter is brought to you by the Hillsborough Township Committee:

Mayor
Shawn Lipani

Deputy Mayor
Janine Erickson

Committeeman
Robert Britting

Committeeman
Frank DelCore

Committeeman
Doug Tomson

Hillsborough Township | www.hillsborough-nj.org