



# HILLSBOROUGH e-News

Former NBA Player  
Chris Herren's

## "THE FIRST DAY"

Join Us for a 47-minute film screening &  
discussion on youth substance abuse,  
mental health and social/emotional well-being

"When it comes to  
speaking about  
addiction, the focus  
often times is about  
the worst day. We  
need to focus on how  
this begins rather than  
on how it ends.  
Prevention starts on  
the first day."

-Chris H.



To Register:  
Click [Here](#)  
Walk-Ins  
Welcome

Chris Herren, a former NBA player, author and wellness activist, has unfolded his story of substance abuse and recovery to youths nationwide. In "The First Day", Herren shares his journey and powerfully connects with young people about belonging, self-identity, self-esteem, and empathy.

Daytime Viewing:  
Tuesday, April 26th 12:30-2 p.m.

Evening Viewing:  
Wednesday April 27th 7-8:30 p.m.  
@ Hillsborough Municipal Building  
Mulitpurpose Room

Any questions, please contact Minda Maggio at [mmaggio@https.us](mailto:mmaggio@https.us)



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**This Newsletter is brought to you by the Hillsborough Township Committee:**

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