



HILLSBOROUGH e-News

Township News

Hillsborough Parks and Recreation Announcements

Winners of the Clue Game and 88.5K Challenge Announced

Hillsborough Recreation Department recently held two virtual activities for residents...an 88.5K Challenge and a Clue Game. All of the participants had a blast and found new places to visit in Hillsborough while getting active in the community!



Clue Game winners received \$5 Super Sundaes gift certificates. The winners were Heather Vidal, Nadine Sapirman, Joe Horesco, Katherine Rygiel, J.P. McAvaddy, Sarah Slutzky, Kim Rak, Jacob D., Sarah D. and Gabriel Bezares. Thank you to Super Sundaes for donating the certificates!

The 88.5K Challenge winners received \$5 Hillsboro Farms gift certificates. Winners were Dora Szep, Gene Reinhardt, Kim Sheehan and Jaime Gerard. Thank you to Hillsboro Farms for donating the certificates!



Summer In-Person / Virtual Programs

Hillsborough Parks & Recreation is proud to begin offering in person/virtual programs such as Art in the Park, Hip-Hop Dance, Bricks 4 Kidz and many more with registration starting today June 19th, at 5:00 pm.

Residents can now sign up for both virtual and in person programs. Continue to check the Parks & Recreation [website](#) and social media accounts for future release dates and information.



2020 Primary Election Information

Somerset County 2020 Primary Election Updates

- Per Executive Order 144, registered, active, Democrats and Republicans will be mailed ballots automatically. Unaffiliated and Inactive voters will be mailed a special application that they can use if they would like to receive a ballot for the July 7th Primary. That application can also be [printed here](#) and mailed.
- [Somerset County Clerk Launches 'How to Vote by Mail' Video.](#)
- [For additional election information from Somerset County.](#)



Additional Primary Election Updates:

- The Primary will be held on July 7th.
- All registered Democratic voters will receive a Democratic Mail In Ballot, with pre-paid postage.
- All registered Republican voters will receive a Republican Mail In Ballot, with pre-paid postage.
- All registered unaffiliated and inactive voters will receive a Mail In Ballot Application, with pre-paid postage.
- To receive the ballot by mail, the application must be received by the *County Clerk* seven (7) days prior to the election. A voter may also return the application in person to the *County Clerk* until Election Day, but the voted ballot must be returned by 8 pm.
- The *County Clerk* cannot accept faxed or emailed copies of a Application for Vote by Mail Ballot, unless you are a Military or Overseas Voter, since an original signature is required.
- There are only 3 polling locations for this Primary in Hillsborough - the Municipal Building, Mary, Mother of God Church and Auten Road School.
- All other voters who visit a polling location will be required to vote on a provisional ballot.
- In person voting will be via provisional ballot only, unless the voter is visually impaired or otherwise certifies to a disability which requires an accessible voting machine.
- Please visit the state website at <https://www.nj.gov/state/elections> for more information.



Returning Primary Election Voted Mail-In Ballots:

- There is a drop box for ballots just outside the front entrance of the Hillsborough Municipal Building.
- There will also be drop boxes located in [several locations throughout the County](#).
- All voted ballots must be in a drop box, delivered to Board of Elections, by 8:00 pm on Election Day.
- Voted ballots can be mailed to the Board of Elections at 20 Grove Street in Somerville - they must be postmarked by 8:00 pm on Election Day.
- Voted Mail In Ballots will not be accepted at the Polling locations.



[Food Distribution Event for Any Hillsborough Resident To Be Held On July 15th](#)

This event has been made possible by the generosity of Atlantic Rehabilitation Institute and Derstine's in collaboration with Hillsborough Township and the Community Assistance Network. The event will be held on Wednesday, July 15th from 9:00 am to 11:00 am or until the items run out. It will take place at the Willow Road Complex on Willow Road directly across from Valinor Rd. [On-line registration is required](#). Seniors may register by calling the Social Services Department at 908-369-3880.

[Ground Based Sparkling Devices and Novelties are Now Legal in New Jersey](#)

As the 4th of July approaches, please remember that only certain types of fireworks are legal in New Jersey. When using legal sparkling novelties, remember to wet them down before discarding. [See the reference guide for more information](#). Please celebrate safely!





Hillsborough Township Municipal Services Open to Residents and Businesses

Hillsborough Municipal Services are open to serve both our residents and business community, despite the Municipal Building being closed to the public. [See the full list of services.](#)

Department Updates

Building:

- If your pool is capable of holding more than 24 inches of water, you need a permit. Pools have specific requirements for their installation and for their barrier. These requirements are intended to provide protection against potential drowning and near-drowning by restricting access to the pool. Statistics show every year more than 275 children under the age of 5 drown and over 4,000 seek medical treatment. The numbers almost doubles for children 15 and under. If you have a pool or plan on installing one, make sure it is safe and code compliant.

Business Advocate:

- There are several Hillsborough Farms open and offering services for our community as an additional resource for food products. For the latest information regarding the Hillsborough farming community, please visit [Experience Hillsborough and click on Hillsborough Harvest](#) or visit the [HBA Facebook page](#).
- Which of your favorite Hillsborough locations are "Open for Business"? Support Hillsborough's Local Businesses!



Below are photos of Hillsborough Township Departments delivering the services that you have come to expect from Hillsborough Township.



Parks and Recreation:
Parks' Ernesto Gonzalez planting at
the Municipal Complex



Building:
Building Inspector Mark Jandoli at inspection
site while practicing social distancing

Community News

[Hillsborough Residents: Don't Forget to Respond to the Census!](#)

The Census is important because it impacts future planning and funding for infrastructure, future employment, training and healthcare programs. To learn more about the impacts of the census or to complete it online visit the website 2020CENSUS.GOV. Take a few minutes and complete your census.



[PSE&G Reminder: Call 811 Before You Dig](#)

When you call 811, you'll be connected to a telephone network that notifies all New Jersey utilities whose equipment could be affected by digging in the area. The utilities will come to the site and mark the ground where pipes or lines are buried. Proper marking is necessary to protect utilities and avoid interruption of services, property damage or possible injury.



[Hillsborough Chapter of UNICO Italian-American Seeking Miss UNICO for 2020-2021](#)

UNICO National Hillsborough Chapter is looking for a young woman who can represent the township's Italian-American community for the 2020-2021 term. Miss UNICO will receive a \$1,000 Scholarship from Hillsborough UNICO. Additional information and application can be found at: [Hillsborough UNICO.org](https://HillsboroughUNICO.org).



[2020 Girls HHS Future Raider Field Hockey Camp Flyer Registration Final](#)

2020 Girls HHS Future Raider Field Hockey Camp from Monday August 24th through Thursday August 27th. [Complete the form to register.](#)

2020 Girls HHS Future Raider Field Hockey Camp

Monday August 24th through Thursday August 27th

HILLSBOROUGH

FIELD HOCKEY

Get ready for your 2020 Field Hockey Season with HHS Girls Field Hockey

•Where: Hillsborough High School Field Field

•Evening from 6:00 - 8:00pm for 4 nights

•grades 9-10: \$100 - \$200.00

•grades 11-12: \$150 - \$250.00

•grades 9-10: \$100 - \$200.00

•grades 11-12: \$150 - \$250.00

•Participants will receive technical skills, tactical games and strategies

led by Hillsborough High School Field Hockey Coaching staff and players.

•100 spots are available - [enroll your interest!](#)

•Registration deadline: July 15, 2020

•We will adhere to all current COVID-19 Guidelines and if we need to cancel camp, we will notify all participants

To register:

Make checks payable to HHS Field Hockey Booster Club and mail with completed form to:

HHS Field Hockey Booster Club, c/o Brenda Miller, 12 Stevens Court, Hillsborough, NJ 08842

Questions: Brenda Miller @ bmiller93@uniconj.com

[Greater Somerset County YMCA Career Forum 2020](#)

Our volunteer-led Career Forum provides professional networking and job-search skills for our neighbors who are unemployed, underemployed or in a period of job transition. This free program offers useful assistance and, more importantly, hope. For more information visit: gscymca.org/career-forum



[Virtual Summer Health Series – Lunch N' Learn at 12pm](#)

Brought to you by the Elizabeth Public Library, Horizon Blue Cross Blue Shield, Rutgers Cancer Institute of New Jersey, and Cancer Support Community Central NJ

Topics and Dates:

English Series - [registration required once for all workshops](#)

- July 10 - Finding Health Information You Can Trust
- July 24 - Eating Healthy for Cancer Prevention
- August 7 - LGBT Health and Cancer Prevention
- August 21 - Resource and Self Care for Caregivers

Spanish Sessions - registration required for each workshop

- 30 de Junio - [Mi Plato En Un Presupuesto](#)
- Spanish language recordings for some of the English Series topics will also be available after the presentations

Summer Health Series

Join us at 12pm for a Zoom Lunch and Learn Series on the following dates and topics:

- Finding Health Information You Can Trust**
Friday, July 10th
Ally Butterfield, Head of Information & Adult Services, Elizabeth Public Library
Learn the basics of working health information based on the web, including whether you can trust it, how to research health information, and how your library can help on your health & wellness journey.
- Eating Healthy for Cancer Prevention**
Friday, July 24th
Michelle Jones, MS, MSW Community Cancer Control Specialist at Rutgers Cancer Institute of New Jersey
Learn how to protect your diet with cancer-fighting foods and the latest food trends. Can you eat your way? Don't worry, we'll have you covered for optimal health.
- LGBT Health and Cancer Prevention**
Friday, August 7th
Doreen Rose, Head, Community Cancer Control Specialist at Rutgers Cancer Institute of New Jersey
10% of people in the US identify as LGBT, and cancer disparities in 10% of people who identify as LGBT exist. Learn how to protect your health from cancer, and learn about LGBT terminology and information about LGBT organizations to create low-stress and safe environments.
- Resource and Self Care for Caregivers**
Friday, August 21st
Kris Hovine, MSW, MSW
Member Advocate and Community Outreach Transformation Specialist at Cancer Support Community Central NJ
Learn how to take care of yourself and your loved one during diagnosis, treatment, and health management.
Cancer Support Community Central NJ

[Click here to register](#)

sponsored by **So that no one faces cancer alone!**

[Hillsborough-Millstone Municipal Alliance Updates](#)

[Community in Crisis Offering Narcan Online Training](#)

Narcan Virtual Training on June 30, 2020 from 10:00 am to 11:00 am via Webex. Free Narcan kits will be sent to all participants who complete the training. [To Register](#).

Community in Crisis

IN COLLABORATION WITH THE POLICE RACE MEETING ASSOCIATION, RWJBN COMSSET COMMUNITY PARTNERSHIP, WE SERVE YOU!

Online Narcan Training & Kit.

Complete the training online and we'll send you the kit!

JUNE 30, 2020 - 10:00 - 11:00 AM
VIA WEBEX
REGISTER FOR TRAINING: JUNE 24

Please register HERE or at <https://communityin-crisis.org/online-narcan-training-2/>
Registration limited to 25 people.
Webex information and access will be sent to you via email prior to the training. Please provide a mailing address when you register so we can send you a kit.
Questions? Email training@communityin-crisis.org.

[Class of 2020 Survival Guide to the Universe](#)

Resources as you head out into the world!

Class of 2020 Survival Guide to the Universe

Drug and Alcohol Resources	Mental Health Resources	Sexual Assault Resources	Community Resources	LGBTQ+ Resources
Domestic Violence Resources	Substance Use Resources	Financial Literacy	Job Search Resources	Health Care
COVID-19 Resources	Emergency Preparedness	Small Business Resources	College Resources	Financial Literacy
Job Search Resources	Small Business Resources	College Resources	Financial Literacy	Financial Literacy

[Reminder from Parents Who Host Lose the Most](#)

Reminder for parents about the consequences of serving underage kids as the summer/grad season approaches. For the safety of your children and our community, please keep this in mind as you celebrate this accomplishment.



[RWJBarnabas Health Offers Hydration Tips for Adults and Children](#) -

visit healthlibrary.barnabashealth.org to learn about other health tips.

Hydration Tips

When competing, running or participating in any other physical activity, follow these tips to stay hydrated.

- ▶ Drink four to eight glasses of fluid (32 to 64 ounces) the day before the event.
- ▶ Drink two to three glasses (about 14 to 22 ounces) of fluid before exercise the day of the event.
- ▶ Drink six to 12 ounces every 15 to 20 minutes during exercise.
- ▶ Beware of sports drinks with stimulants like caffeine, as they can be dangerous. They are not recommended before or after exercise.
- ▶ Drink on schedule rather than relying on thirst.
- ▶ Drink during training, as well as competition.

Each day, set a goal to drink at least eight glasses of fluid.

Don't limit yourself. Water can come from any beverage – juice, coffee, tea, milk and even soup. However, it is important to be cautious. Caffeine in coffee and tea boosts your body's water output, offsetting some of the benefits of taking in the fluid. Also, the sugar in regular soft drinks may pose a danger to individuals with diabetes or to those who are watching their weight.

Looking for a refreshing drink...be creative.

For those who want to try something a little different, fruit juice mixed with club soda or seltzer water makes a refreshing carbonated drink. And, a twist of lemon or lime will make plain water more appealing.

To learn more about sun safety or for other health tips, visit healthlibrary.barnabashealth.org.

RWJ Barnabas HEALTH

Let's be healthy together.

Somerset County News

[Somerset County-Operated Senior Centers Offer Virtual Programs as Senior Centers Are Closed Until July 31st](#)

[Somerset County Library System of NJ \(SCLSNJ\)](#)

[Greater Raritan Workforce Development Board - Free Online Resources Help Residents Hone Virtual](#)

COVID-19 Updates

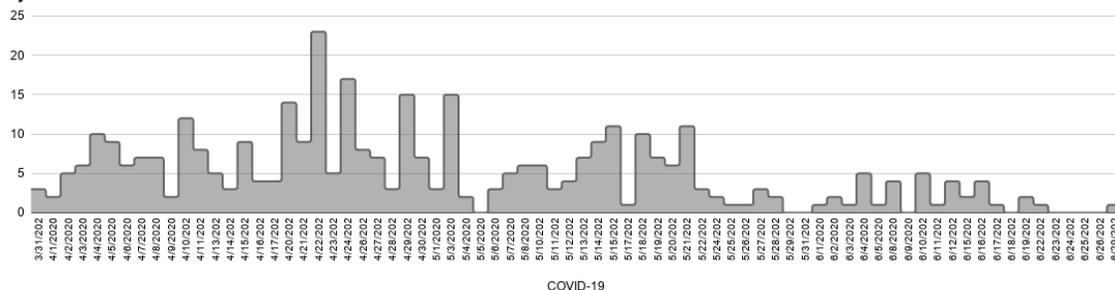
COVID-19 Hillsborough Reported Cases

[COVID-19 Case Information is updated daily on the Township website](#)

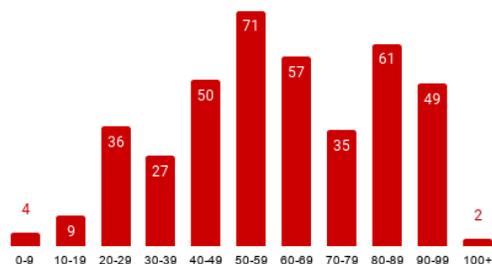
	Hillsborough	Millstone	Somerset County	New Jersey	United States
CASES	401	3	4,287	171,182	2,504,175
DEATHS	54	NA	447	13,121	125,484
RECOVERED	203	NA	NA	NA	NA

Breakdown of Hillsborough Township Cases As Reported by Hillsborough Township Health Department

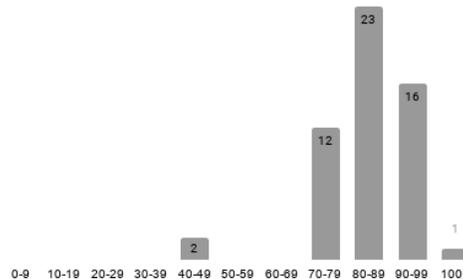
Daily Case Count



Positive Hillsborough Township Cases by Age Range



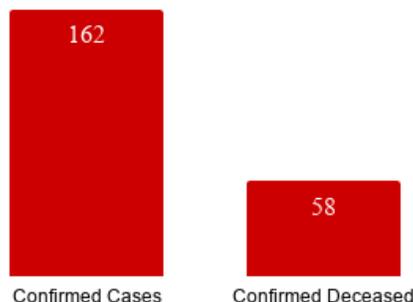
Deceased by Age Range



Disclaimer:

Please be advised that the numbers posted here and on the Township website are those that are reported by Hillsborough Township Health Department based on reports from the NJ Department of Health surveillance system. The reported numbers are only from those individuals who have been tested for COVID-19 and are confirmed positive through an FDA approved laboratory for COVID-19 testing purpose. It does not include those contacts of the positive individuals or any individuals, who are sick and have not been tested.

Hillsborough Long Term Care/Assisted Living



* Confirmed cases and confirmed deceased from Long Term Care and Assisted Living Facilities may not also be included in the total number of cases above.

The number of cases from the above section by age and deceased cannot be added to the Long Term Care and Assisted Living Facilities confirmed cases and confirmed deceased to get a total case count and a total deceased count. The reason for this is that there are different reporting mechanisms in place capturing that data. The NJ Department of Health surveillance system obtains reports from State run labs. The Long Term Care and Assisted Living Facilities utilize many different labs, State, out-of-state and private, therefore, their numbers are not completely reflected in the total Hillsborough numbers from the State system at this time. That withstanding, you cannot simply add the two sets of numbers either to get a total case count, as some of the LTC/ALF numbers are counted in the State system.

If you are a Hillsborough resident and have tested positive for Coronavirus / COVID-19, please contact the Health Department at 908-369-5652.

The Hillsborough Township Health Department continues to monitor all cases and is working with the State to identify any potential contacts for follow-up. A representative from the Hillsborough Township Health Department will reach out to all individuals determined to have been in close contact with the positive testing persons within 24-48 hours of each case being confirmed.

[NJ Residents with a Positive COVID-19 Test: Instructions & Next Steps](#)

Somerset County COVID-19 Testing Site

[Zufall Health in conjunction with Somerset County Offer Free COVID-19 Testing Clinic on June 30th](#)

Testing will be done from 9 am to 4 pm at the Franklin Township Middle School Hamilton Street Campus, 415 Francis St, in Somerset. To register, call 973-328-3344 and press "1" for COVID-19 testing.

[Testing at Raritan Valley College \(RVCC\) Spaces Still Available for July 2nd / Prescription No Longer Required for Testing](#)

COVID-19 Testing continues for Somerset County residents at Raritan Valley Community College (RVCC). Appointments can be scheduled online at <https://somerset-hunterdon.adlabscovidtest.com>. Testing site will be open from 10 am to 12 pm on the July 2nd.

[Somerset County Provides COVID-19 Online Resource Center](#)

Meeting Updates, Cancellations and Closures

Due to the Governor's Executive Orders and pursuant to P.L. 2020, c.11, all Township meetings will be held using virtual technology and the public may only participate in meetings remotely. Please [visit the calendar](#) on our municipal website for meeting dates, cancellations, updates and instructions.

COVID-19 State & Community Resources

For a full list of COVID-19 Resources, visit the [Hillsborough Township COVID-19 Information Page](#)

[NJ TRANSIT UPDATE](#)

NJ Transit will continue to respond to the latest on COVID-19 with customer and employee safety as a top priority and keep you informed of our response. To keep informed, go to:

- [NJ Transit Rail and Light Rail Resumes Full Weekday Service on July 6th](#)
- [NJ Transit - "Your Ride to Recovery" Guide](#)
- [NJ Transit Explores Use of Ultraviolet Technology in Battle Against COVID-19](#)
- [NJ Transit Installs More Modernized Ticket Vending Machines](#)
- [COVID-19 - How We're Protecting You](#)



[Hillsborough YMCA - Information For Essential Personnel Child Care](#)

[Contact Tracing Opportunity](#)

Are you interested in assisting NJ's contact tracing efforts? [Register at the NJ COVID-19 Information Hub website](#) and be notified when opportunities become available.

How Can I Help?

[Click here for information on Hillsborough Township's Community Assistance Network \(C.A.N.\) Program](#)

Donations to the Hillsborough Community Assistance Network (C.A.N.) can now be made [online](#). Donation of items are also accepted - [see list of most needed items](#).



[Somerset County Office of Emergency Management Continues to Accept Personal Protective Equipment \(PPE\) Donations](#)

The Somerset County Office of Emergency Management continues to accept donations of personal protective equipment. A collection box has been set up in front of the Emergency Services Training Academy, located at 402 Roycefield Road, Hillsborough, NJ 08844.

[Register to Volunteer](#)

Contacting Your State and County Officials

[Click here for information on contacting NJ State and Somerset County Officials](#)

This Newsletter is brought to you by the Hillsborough Township Committee:

Mayor Doug Tomson	Deputy Mayor Shawn Lipani	
Committeeman Frank DelCore	Committeewoman Olivia Holmes	Committeewoman Gloria McCauley

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