Why is it important?

There are many diseases that can be prevented through vaccination. People of all ages can benefit from being vaccinated; from children to senior citizens. Being immunized protects you and those around you who can not get vaccinated, such as:

- Children too young to be vaccinated
- The elderly and those immunocompromised

Other Resources:

Center for Disease Control (CDC) www.CDC.gov/vaccines

ImmunizationActionCoalition (IAC) <u>www.immunize.org</u>

NJ Department of Health and Senior Services. Vaccine Preventable Disease Program www.nj.gov.health/cd/vpdp/index.shtml

Many health plans cover recommended immunizations. If unsure, visit Healthcare.gov for further assistance

What vaccines do I need?

Influenza (Flu)
] Tetanus, diphtheria, pertussis (Td/Tdap)
Varicella (Chickenpox)
HPV Vaccine for Women
HPV Vaccine for Men
Zoster (Shingles)
Measles, mumps, rubella (MMR)
Pneumococcal
Meningococcal
Hepatitis A
Hepatitis B
Haemophilus Influenzae type b (Hib)

*If you are not sure if you have been immunized, you can request a titer blood test, from your healthcare provider.

Visit <u>www.vaccines.gov</u> to find out where you can get vaccinated!

Hillsborough Health Department

Adult Immunization

