

## 2018 Green Living and Wellness Fair Participating Vendors

**Affinity Credit Union** - attended with information about the Affinity Credit Union services, as well as the Affinity credit card

<https://www.affinityfcu.com/credit-cards/hillsborough-rewards-visa.aspx>

which helps people give back to the community while earning rewards at the same time.

**Atlantic Rehabilitation Institute**- [www.atlanticrehabnj.com](http://www.atlanticrehabnj.com)- attended the fair and gave out information about pain management using collaborative medical professionals, and a variety of treatments including hippotherapy. Demonstrated stretches and other methods.

**Attitudes in Reverse**- <https://attitudesinreverse.org> is a group that uses therapy dogs to break down barriers to discussion about mental illness, without judgement, and to speak with youth and offer programs in schools to discuss the stigma of mental health problems in communities and schools. This group brought 2 therapy dogs and discussed their programs.

**Belle Mead Physical Therapy- Hand Therapist**- [www.bellemeadpt.com](http://www.bellemeadpt.com) attended the fair and demonstrated grip issues, and other problems with hand use such as arthritis, injury, and other issues that can be managed with occupational and physical therapy.

**Bonkband**-[www.bonkband.com](http://www.bonkband.com) company representatives came to the fair with samples of a headband that holds a cooling agent which is convenient to hold ice on the heads of small children.

**Borosafe (Suicide Awareness For Everyone)** - [www.https.us/community/boro\\_s\\_a\\_f\\_e](http://www.https.us/community/boro_s_a_f_e)

A school and community group dedicated to the awareness of suicide and prevention in our community. They offer programs and resources. This group attended with information about the 3rd leading cause of death in ages 15 to 24. They offer hotline numbers, videos, discussions, and other resources.

**Bridgeway Care and Rehabilitation Center Center**- [www.bshcare.com](http://www.bshcare.com) of Hillsborough attended and gave out information about their assisted living, rehabilitation, and skilled nursing services.

**Central Jersey Family Health Consortium** - [www.cfnj.org](http://www.cfnj.org) is a private, nonprofit organization licensed by the NJ Department of Health, as part of the maternal and child health system. The focus at the fair was alcohol and drug prevention in youth.

**Community Options** -[www.comop.org](http://www.comop.org)- attended the fair and offered information about housing and employment support for people with disabilities. They also promoted their annual Cupid's Chase 5K Race this coming February.

**The Community Visiting Nurses of Somerset County** - [www.communityvna.org](http://www.communityvna.org) attended the fair and offered free blood pressures and education, as well as information about their home health, hospice, and community health programs.

**Costco of Flemington** attended the fair and gave out samples of healthy foods.

**The Dermatology Center of Hillsborough** - Dr. Ilowite conducted free skin cancer screenings. **DEADLY MELANOMAS HAVE BEEN IDENTIFIED AT THESE CLINICS. IT IS IMPORTANT TO HAVE YOUR SKIN CHECKED BY A DOCTOR IF YOU SEE ANYTHING UNUSUAL OR JUST FOR A SCREENING. ALSO SCREEN YOURSELF REGULARLY!**

**The Hillsborough Township Public School Wellness Program** is a program lead by the school nurses in each township school, with a committee in each school that consists of the nurse, a parent, a student, teachers, and others. It is based upon the individual health needs of the students in each school. The school nurse director and other nurses attended the fair with a health promotion game for the children and information about wellness programs in each school.

**Hillsborough Municipal Alliance** [www.boroaware.org](http://www.boroaware.org) Community and school representatives combat substance abuse in youth. They offer programs and resources for students, parents, and community.

**Family Foot and Ankle**-[www.stopfootpainfast.com](http://www.stopfootpainfast.com) attended the fair and demonstrated proper shoe fit, and foot issues, and offered a free foot exam.

**Fit-n-Firm**- [www.fit-n-firm.com](http://www.fit-n-firm.com), a women's fitness center attended the fair and demonstrated balance exercises and hula hoop exercises.

**Foothill Acres Rehabilitation and Nursing Center**- [www.foothillacres.com](http://www.foothillacres.com)- presented information about their new building and programs for those in need of rehabilitation services, or nursing care. They came with giveaways and provided a massage therapist who works with them at their facility, and treated the public to chair massage.

**Girl Scout Troop 60750** attended to show their project on Mindfulness to control stress. They gave a presentation to a large group about the use of yoga, breathing, music, and other methods to control stress and reduce chronic illness that comes from this stress.

**Honor Yoga**- [www.honoryoga.com](http://www.honoryoga.com) attended the fair with information about yoga and meditation for wellness.

## **Horizon Blue Cross Blue Shield-**

**Narcotics Anonymous-** [www.narcoticsanonymous.org](http://www.narcoticsanonymous.org)- attended to inform participants about support for those addicted to drugs or alcohol. They provided information about local meetings that are open to anyone who needs support.

**Natural Medicine and Rehabilitation** [www.nmrnj.com](http://www.nmrnj.com) of Branchburg, NJ, gave out information about their wellness programs which covers multiple applications such as physical therapy, workplace wellness programs, lectures, health screenings, weight control programs. They demonstrated acupuncture to control pain.

**NJ Sharing Network** - [www.njsharingnetwork.org](http://www.njsharingnetwork.org) - presented information about tissue and organ donation that saves lives. They partnered with a group of students at Hillsborough High School who started a club to bring awareness to organ donation.

**OAR, the Organization for Autism Research** - <http://researchautism.org> attended the fair to educate people about their organization which supports new autism research, and provides resources to support members the autism community and their families and teachers.

**Penn Medical ( previously Princeton Health Care)** <https://www.princetonhcs.org/> attended the fair and offered information about their programs, and also promoted the NJ Poison Control System with a wheel game for participants and a CPR demonstration. The poison control information covered pets and people.

**Practical Insights, LLC** - [www.practicalinsightstherapy.com](http://www.practicalinsightstherapy.com) is a private practice that provides therapy in several ways for adolescents, families, and groups. They attended the fair with information about their practice.

**Princeton Fitness and Wellness-** [www.princetonfitnessandwellness.com](http://www.princetonfitnessandwellness.com) is a health club located in Montgomery Township, on route 206 and offers aquatics and exercise programs. They are affiliated with the Princeton Healthcare System which is now part of Penn Medical.

**Raritan Headwaters** - [www.raritanheadwaters.org](http://www.raritanheadwaters.org) is a non profit organization that protects water in rivers, streams, and homes. They attended the fair with information and well water testing information and kits.

**Retro Fitness Health Club** <https://retrofitness.com/location/hillsboroughnj/> is a gym/health club located in Hillsborough. They attended the fair with coupons for a free trial.

**The Robert Wood Johnson Barnabas University Hospital of Somerset** - [www.rwjbh.org/rwj-university-hospital-somerset/](http://www.rwjbh.org/rwj-university-hospital-somerset/) attended the fair and

- Ran a blood drive for blood needed in Somerset County
- Respiratory department representatives demonstrated healthy lungs and problems
- Sleep Center gave out information about problems related to lack of proper sleep and chronic conditions associated with them.
- Community Education offered information on upcoming community events

**The Hillsborough Rocketts- Hillsborough's Senior Dance group gave a wonderful performance!The audience was also able to participate.**

**Rutgers Cooperative Extension Services of Somerset County:** Provides many specialty programs for the community of Somerset County. <http://njaes.rutgers.edu/extension>

- Family and Community Health Sciences promoted healthy eating and nutritious foods with demonstrations and displays
- Water Resources attended and showed NJ stormwater management and offered information on their research, programs, and education for communities about saving water.
- Water Resources also presented a watershed model demonstration

**Rock Steady Boxing-** <http://hillsborough.rsbaaffiliate.com/> is located in Hillsborough and is run by a licensed physical therapist who offers classes in boxing to those with Parkinson's Disease. They demonstrated boxing techniques that help the person with Parkinson's to improve balance and other side effects of the disease.

**Rutgers Youth Anxiety and Depression Clinics-**

<https://gsapp.rutgers.edu/centers-clinical-services/youth-anxiety-and-depression-clinic> attended the fair and conducted a game about emotions. They gave information about their clinics for ages 9 through 17, available at Rutgers through the Graduate School of Applied and Professional Psychology.

**Shoprite of Hillsborough Registered Dietician**, Sam Nuzio presented healthy eating demonstration and free samples. <https://www.shoprite.com/dietitian/>

**Shoprite of Hillsborough Pharmacy** attended with information.  
<https://www.shoprite.com/pharmacy/>

**The Somerset County Library**

<https://sclsnj.org/closure-announcement-hillsborough-branch/> attended the fair and offered wellness resources that are located in library books and programs.

**St. Peter's University Hospital** -[www.saintpetershcs.com](http://www.saintpetershcs.com) attended the fair and offered free blood glucose testing to screen for diabetes, and provided education.

**Sourland Conservancy**-[www.sourland.org](http://www.sourland.org). Promoted their annual Sourland Mountain Festival, held June 23 for the protection, promotion, and preservation of the Sourland Mountain Region.

**Spring Reins of Life**-[www.springreinsoflife.org](http://www.springreinsoflife.org) attended the fair and gave information out about their programs for equine assisted psychotherapy.

**Sustainable Hillsborough**-[www.sustainablehillsborough.com](http://www.sustainablehillsborough.com):

The project – Sustainable Hillsborough – is the most recent step in Hillsborough's long-range effort to maintain and enhance its quality of life. It builds upon the steps that Hillsborough has already taken to promote sustainable development and environmental stewardship by adopting a long-term, strategic planning process that sets goals for the future, indicators to track progress, and actions for each goal that are tailored for all of the major community stakeholders in Hillsborough, including municipal government, citizens, businesses, schools, and partner/civic organizations.

**Sylvan Learning Center**-[www.sylvanlearning.com](http://www.sylvanlearning.com) is a tutoring center that also provides coaching and advanced test preparation, as well as a STEM program and camp. They set up a demonstration and gave out information.

**Turo Care Elder Care**- [www.turocare.com](http://www.turocare.com) demonstrated care equipment used to help those needing assistance with getting around. Information about their in home or in care facility assistance to elderly or recovering patients was also given out.

**Walgreens Pharmacy of Hillsborough,**

<https://www.walgreens.com/locator/walgreens-706+us+highway+206-hillsborough-nj-08844/id=>

[12564](#) attended with information and offered water bottles to the hot and thirsty runners. Additional prizes were given out.

**The YMCA hosted the 5K Race** prior to the Green Living and Wellness Fair. The YMCA is a dedicated partner that offers a variety of programs, services, activities for the wellness of our Hillsborough community. Check out their website for more information <https://www.somersetcountymca.org/locations1/hillsborough-ymca>

**Zufall Health Services-** [www.zufallhealth.org/](http://www.zufallhealth.org/) -Offered information about family health services and dental care that are free, sliding scale, or medicaid and other plans accepted. They also offer assault prevention, sexual assault support services, adolescent pregnancy prevention programs, and many other community programs with all age groups. The group also had games for children and information at the fair.

**Hillsborough Municipal Services:** <http://www.hillsborough-nj.org/>

**Hillsborough Health Department** -gave out tick control and prevention information, and tick ID cards, and showed what health departments do.

**Hillsborough Police-** Gave out information about safety- car seats, seat belts, computer safety, drug information and many giveaways that children enjoyed. They also enjoyed talking to the police officer.

**Mayors Wellness** - Offered Mayors Wellness program items (to broaden community awareness about our program, and answered questions on behalf of the program.

**Hillsborough CAN- Community Assistance Network-** gave out information about helping our Hillsborough neighbors in need.

**Hillsborough Recreation-** Gave out information about the recreation programs offered by Hillsborough Township

**Hillsborough Office of Emergency Management-**

